

TCDP Client Participation Agreement

About Doulas

—A doula is a trained professional who provides physical, emotional, and informational support to a person during labor and the birth of their child. Doulas are not healthcare providers and do not perform any tasks requiring medical or nursing education (e.g. cervical exams, fetal heart rate monitoring, etc.). They do not speak for you when decisions need to be made nor do they make any medical choices on your behalf. Doulas are not liable or responsible for the outcome of your birth.

About TCDP Doulas

—TCDP doulas are trained and have varying amounts of experience. Some are certified and some are not. All TCDP doulas have taken the Doulas of North America's (DONA) 16-20 hour doula training course and have a wealth of knowledge to physically and emotionally support a person and their family in labor.

About Twin Cities Doula Project

—TCDP operates on a rotating call system. Each doula is on-call for a 24-hour period beginning at 12am. Should your labor start on one day and continue into the next day, we will try to keep the same doula with you, but if they have a commitment they are unable to cancel, another doula will come to take over. Your first doula will stay for a short period until your second doula comes to help make the transition as smooth as possible.

—TCDP will attend births at any of the central metro hospitals and birth centers. Check our website for an up-to-date list of the places we serve. We meet all clients once they have been admitted into the hospital or birth center, not at home in early labor.

—TCDP maintains non-identifiable information about you and your birth preferences in a password protected website that is accessible only by TCDP doulas. Your name, address, phone number and any protected health information (i.e. information that could specifically identify you) are kept **strictly confidential**. This database allows TCDP doulas to learn about you and what you want during labor in order to provide the best possible labor support. TCDP also collects information on your labor and birth outcomes. The doula who attends your birth provides TCDP with this information but does not include any identifiable protected health information about you. By signing below, you agree to allow us to collect this information about you to be used to further the success and development of the TCDP program.

—We do everything we can to get you a doula for your birth. We are an organization made possible by volunteers, therefore do not have coverage 100% of the time. We work hard to get our on-call calendar filled for every day of the month but there is always a small chance we will not have a doula available to support you.

What we expect from you

—It is your responsibility to contact us when you are in labor. Our doula on-call has cleared their schedule so that they can be with you. You can call or text us at 612-548-1-MOM. **LEAVE A VOICEMAIL** if no one answers. Email is also a good way to get a hold of us if it's not urgent.

—We may ask you to fill out a short survey about TCDP and/or your doula, which we will use to improve our services. We may also ask you to share your birth story and/or birth pictures with us to be used on our website. While it is up to you whether to share your birth story and pictures, it is important that we are able to collect data on your birth outcomes and your satisfaction with your doula.

Sign below to affirm that the above information about Twin Cities Doula Project was disclosed to you via in person at the Hospital or Birthing Center.

Client Name	Signature	Date
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Confidentiality Release

By signing below, you agree to allow us to collect non-identifiable information about your labor and birth outcomes to be used to further the success and development of the TCDP program.

Client Name	Signature	Date
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Release of Information

By signing below, you give permission to Twin Cities Doula Project and its volunteer doulas to share information regarding your care with other providers involved (e.g. public health nurses, postpartum doulas, care providers, etc.).

Client Name	Signature	Date
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Witness Name	Signature	Date
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